

MODULE III

SLIDES

Module III:
Making Help Accessible to
Students and Families

Slides

III-9



MENTAL
HEALTH

it's part of our classrooms

Goal

The goal of Module III is to help teachers break down barriers to learning by formulating a plan to assist students with mental health needs.

Objectives

- Know a number of internal resources and external partnerships available to support teachers, students, and families
- Understand how to access those resources and partnerships
- Learn the elements of a successful action plan to help students with mental health needs
- Know the appropriate limits of educators' roles with regard to outside involvement and confidentiality

Action Plan

An action plan is a way to direct your behavior and problem-solve with individual students. Every action plan is unique to the individual needs of the student and the resources available.

The basic stages of an action plan include:

- Stage I: Know your resources
- Stage II: Voice your concern/ask for help
- Stage III: Follow up

Confidentiality

- The purpose of confidentiality is to honor an individual's right to privacy and to show respect for the vulnerability that underlies the process of sharing private information.
- **RULE:** When in doubt, treat information as if it is confidential unless the information violates the limits of confidentiality.

Limits of Confidentiality:

- The student discloses an intention to harm him/herself or others.
- The student reports neglect or physical, sexual, or psychological abuse.

SAFETY PRECEDES PRIVACY.